



## St. Mary's College (Autonomous) Thoothukudi

Re-accredited with A+ Grade by NAAC-4<sup>th</sup> cycle  
(Affiliated to Manonmaniam Sundaranar University)

### **CENTRE FOR SERVICE EXCELLENCE**

#### **RED RIBBON CLUB**

#### **Report for 2022-2023**

##### **Event 1: State-Level Online Quiz Competition for International Youth Day**

**Date:** August 12, 2023

**Platform:** Online website (tnsacs.in)

**Beneficiaries:** 50 Students

**Report:** In celebration of International Youth Day, a state-level online quiz competition was held to engage students in learning about youth issues, health, and social responsibilities. Organized on the online platform tnsacs.in, the quiz encouraged participants to expand their knowledge on various topics related to youth empowerment and health awareness. Students showed enthusiastic participation, and the competition successfully promoted awareness and critical thinking among the youth. This event provided a platform for students to celebrate International Youth Day through learning and self-improvement.



---

##### **Event 2: Awareness Program on “Blood Donation – Beyond the Basics”**

**Date:** October 13, 2023

**Venue:** Commemoration of National Voluntary Blood Donation Day

**Resource Person:** Ms. Caroline, M.Sc, Head and Assistant Professor, Food Science and Nutrition, Holy Cross Home Science College, Thoothukudi

**Beneficiaries:** 280 Students

**Report:** In observance of National Voluntary Blood Donation Day, an awareness program titled “Blood Donation – Beyond the Basics” was conducted. Ms. Caroline led the session, discussing the science and significance of blood donation. She emphasized the vital role blood donors play in healthcare, debunked common myths, and shared the health benefits of regular blood donation. Students engaged in discussions about donation eligibility, the donation process, and how they could contribute to this noble cause. This program empowered students with knowledge and motivated many to consider becoming blood donors.



---

### Event 3: State-Level Online Quiz Competition

**Date:** November 21, 2022

**Platform:** Online website (tnsacs.in)

**Beneficiaries:** 50 Students

**Report:** A state-level online quiz competition was organized on November 21, 2022, aimed at educating students on various aspects of public health and awareness. Hosted on the tnsacs.in website, the competition saw 50 students participate, testing their knowledge on topics relevant to youth health and public health initiatives. Shalini K., a first-year B.Sc. Microbiology student, won first place at the district level and received a cash prize of Rs. 5,000. This event not only encouraged students to learn but also provided recognition and rewards for their achievements.



---

### Event 4: Awareness Program on “HIV Infection and Cancer Risk”

**Date:** February 20, 2023

**Venue:** Conference Hall

**Resource Persons:**

- Dr. Manikandan Dhanushkodi, Medical Oncologist, Thoothukudi Cancer Care, Thenmani Hospital
- Mr. A. Amalavalan, MSW and MBA, District Programme Manager, District AIDS Prevention and Control Unit (Thoothukudi, Thenkasi, Tirunelveli)

**Beneficiaries:** 350 Students

**Report:** This awareness program focused on the correlation between HIV infection and increased cancer risk. Dr. Manikandan Dhanushkodi discussed the medical aspects, explaining how compromised immune systems in HIV-positive individuals can elevate their cancer susceptibility. Mr. A. Amalavalan shared insights on preventive measures and the importance of early diagnosis. The event raised awareness among students about HIV-related health risks, emphasizing the importance of proactive health measures. Through this informative session, students gained a deeper understanding of the complexities of HIV and its potential health consequences.

